

**choices of the heart pdf**

Your lifestyle choices can increase your risk for heart disease and heart attack. To reduce your risk, your doctor may recommend changes to your lifestyle. The good news is that healthy behaviors can lower your risk for heart disease. Diets high in saturated fats, trans fat, and cholesterol have ...

**Behaviors That Increase Risk for Heart Disease | cdc.gov**

one pharmacist's view of coronary heart disease: comparing the "lipid theory" with the "unified theory" by mike ciell, r.ph. executive summary

**ONE PHARMACIST'S VIEW OF CORONARY HEART DISEASE: COMPARING**

3 Healthy Choices, Healthy Relationships Table of Contents Healthy Choices, Healthy Relationships Instructor's Kit \$260 SKU: HCHR

**Healthy Choices, Healthy Relationships - The Dibble Institute**

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**Heart of the Scenic Rim - boonahtourism.org.au**

In the United States, the most common type of heart disease is coronary artery disease (CAD), which can lead to heart attack. You can greatly reduce your risk for CAD through lifestyle changes and, in some cases, medication. Learn more about heart disease ...

**CDC - Heart Disease Home - DHDSP**

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February is American Heart Month. Raise awareness about heart disease and how people can prevent it.

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