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Buddhist modernism; New religious movement "Spiritual but not religious" Syncretism

### **Nondualism - Wikipedia**

In traditional Chinese culture, qi or ch'i is believed to be a vital force forming part of any living entity. [page needed] [page needed] Qi translates as "air" and figuratively as "material energy", "life force", or "energy flow". Qi is the central underlying principle in Chinese traditional medicine and in Chinese martial arts. The practice of cultivating and balancing qi is called qigong.

### **Qi - Wikipedia**

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### **Living the Good Life: Advice from Wise Persons**

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